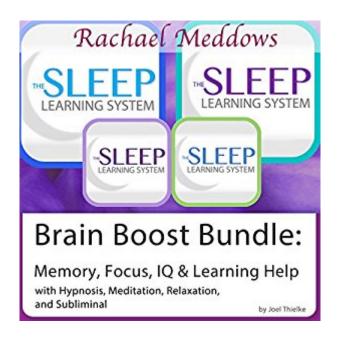
The book was found

Brain Boost Bundle: Memory, Focus, IQ, Hypnosis, Meditation And Subliminal - The Sleep Learning System





Synopsis

You can learn faster and easier, naturally increase your focus and boost your memory, and increase your IQ, all while sleeping! Hypnosis and guided meditation can you help you learn and retain new information easier, and it's all here in this Sleep Learning System collection from world-renowned hypnotherapist, Rachael Meddows. The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while helping you control anxiety, increase your focus, and get the most out of your powerful mind. Program 1 - Super Speed Learning Become a faster learner, retain information easier, and increase your focus when studying and learning. Program 2 - Improving Your Memory Train your mind to remember images and facts clearly and vividly. Your mind is very powerful, and you can naturally improve your memory today. Program 3 - Focus and Concentration Naturally improve your focus and concentration and guiet the buzz of the day. Program 4 - Brainwave Accelerator Boost your brainwaves and accelerate your mind. Use the most of your brain power with this amazing program. Rachael Meddows' guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. These programs work during your REM stage of sleep, working with your subconscious to make lasting changes in the way you learn. You can make learning new information faster and easier...why wait? It's all here with The Sleep Learning System!

Book Information

Audible Audio Edition

Listening Length: 6 hours and 41 minutes

Program Type: Audiobook

Version: Original recording

Publisher: Motivational Hypnosis Help, LLC

Audible.com Release Date: June 4, 2015

Language: English

ASIN: B00YV7VYNA

Best Sellers Rank: #26 in Books > Audible Audiobooks > Nonfiction > Study Aids #658

in Books > Education & Teaching > Studying & Workbooks #858 in Books > Audible

Audiobooks > Health, Mind & Body > Self-Help

Download to continue reading...

Brain Boost Bundle: Memory, Focus, IQ, Hypnosis, Meditation and Subliminal - The Sleep Learning System Focus and Concentration, Brain Power Boost: Hypnosis, Meditation, and Subliminal: The Sleep Learning System Featuring Rachael Meddows Improving Your Memory, Brain Boost: Hypnosis, Meditation and Subliminal - The Sleep Learning System Featuring Rachael Meddows Learn Spanish Faster, Open Your Mind to Foreign Language Help: Hypnosis, Meditation and Subliminal: The Sleep Learning System Featuring Rachael Meddows Focus to Learn German Faster: Foreign Language Study and Self Help with Hypnosis, Meditation, Relaxation, and Affirmations (The Sleep Learning System) Deep Sleep: Brain Wave Subliminal (Brain Sync Series) (Brain Sync Audios) Natural Rapid Weight Loss, Lose Weight Faster with Hypnosis, Meditation, and Affirmations: The Sleep Learning System Learn French: Fast Foreign Language Study with Hypnosis, Meditation, and Affirmations (The Sleep Learning System) The Calming Collection-The Weight is Over: Hypnosis/Meditation for Lasting Weight Loss**Guided Meditation and Hypnosis CD Unleash Your Creativity, Passion, and Focus: Hypnosis and Subliminal Affirmations Fantastic Sex, Increase Sexual Intimacy, & Pleasure: Sleep Learning, Guided Self Hypnosis, Meditation, & Affirmations Handbook of Clinical Hypnosis (Dissociation, Trauma, Memory, and Hypnosis) Relaxation, Focus, and Memory Training: A Guided Brain Health Program (Amen Clinics Audio Learning Series) Healthy Sleep: Fall Asleep Easily, Sleep More Deeply, Sleep Through the Night, Wake up Refreshed Learn Spanish: Sleep Learning System: Foreign Language Self Help Guided Meditation and Affirmations Foreign Language Study: Learn German with Hypnosis and Subliminal Pre-Menstrual Syndrome: Subliminal Persuasion/Self-Hypnosis Joy of Exercise (Subliminal Persuasion Self-Hypnosis) Baseball - Hitting Self-Hypnosis Subliminal Persuasion How To Develop A Super Memory: Easy Techniques to Boost the Power of Your Memory! (Mind Growth Series Book 2)

Dmca